Faisalabad Institute of Cardiology فیصل آباد انسٹیٹیوٹ آف کارڈیالوجی

MEDICAL SOCIAL SERVICES PROJECT

Faisalabad Institute of Cardiology, Faisalabad

PROGRESS REPORT FOR MONTH OF

July to December 2017

Report submitted by

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بسم الله الرحمن الرحيم

REPORT OF ACTIVATES

FOR THE PERIOD OF APRIL, MAY, JUNE 2017

Prepared by:

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MSO FIC Faisalabad



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MEDICAL SOCIAL SERVICES PROJECT

FAISALABAD INSTITUTE OF CARDIOLOGY, FAISALABAD

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PICTORIAL VIEW OF

FAISALABAD INSTITUTE OF CARDIOLOGY, FAISALABAD.



FAISALABAD INSTITUTE OF CARDIOLOGY

FAISALABAD

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ACKNOWLEDGEMENT

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I express my warm thanks to Mr. Shahid Rana Divisional Director Social Welfare & Bait-ul-Maal Faisalabad who gave us opportunity to improve our report writing skills in report writing and Ch. M. Ashraf Deputy Director Social Welfare & Bait-ul-Maal Faisalabad who provided me the facilities being required and composing of my report. I would also like to thank my report external guide Mr. Ch. M. Islam, M. Kashif Farooq, Miss Aasma Muzammil Heart Savers Foundation Faisalabad Institute of Cardiology, Faisalabad.

Thank you

Miss Asia Faqeer Hussain Rana
Medical Social Officer
Faisalabad Institute of Cardiology
Faisalabad.

Introduction

1. Background

Faisalabad Institute of Cardiology, Faisalabad is third specialized autonomous institute for heart disease was established on Tuesday 13th November 2007. This 202 bedded tertiary care cardiac institute provides 24/7 cardiac diagnostic and treatment facilities to Faisalabad and other adjoining areas along with cardiovascular emergency care, backup cover facilities like PCI and cardiac Surgeries etc.
This institute is recognized by Pakistan Medical & Dental Council on 9th May 2011 for Post Graduate Programs whereas accreditation with CPSP of FCPS took place on 10th June 2011. Institute was affiliated to University of Health Sciences for Postgraduate (B.Sc. Hons. Cardiac Perfusion).

The objectives of this institute are:-

- **Provide cardiac diagnostic and treatment healthcare facilities of highly specialized nature.**
- **Train medical, paramedical and staff nurses to provide optimum cardiac care.**
- **Provide research facilities in the field of Cardiology and Cardiac Surgery.**
- **To facilitate post-graduation training programs in collaboration with CPSP and UHS.**
- **Become a center of initiating public health awareness programs to prevent cardiac diseases.**
- **Provide advanced cardiac life support training to medical personnel and basic life support programs (BLS) training at community level to save precious human lives.**



1.2 Social Welfare& Bait-ul-Maal Punjab.

The concept of social welfare is not new in our country. The spirit of doing good to the fellow beings and the enthusiasm for taking part in activities for the well being of the under-privileged can be traced back to times immemorial. To render help to the less fortunate brethren was an essential obligation of all, and was regarded as a means of salvation of serving God. Thus, every aspect of our culture was predominated by humanitarian philosophy. Political dependency and economic backwardness have been the main obstacles in the development of social work in the form of institutional services. After independence, social work has assumed new dimensions in Pakistan. The sources of welfare activities are inherent in the constitution. It is on the basis of the national constitution that the government has established Social Welfare Department. This department has sought to serve the development and rehabilitation needs of the weaker sections of society especially the physically and socially handicapped, women and children, the vulnerable sections of the community in rural and urban areas.

Social Welfare Department is working with the vision of providing an equitable and well-functioning social protection system anchored at the principles of empowerment and inclusion for all, particularly the marginalized. In addition to coordinate and ensuring responsive social protection services to the communities in general, poor and vulnerable in particular, by mobilizing partnerships and developing organizational capacities.

1.3 MEDICAL SOCIAL SERVICES PROJECT

FAISALABAD INSTITUTE OF CARDIOLOGY FAISALABAD

BRIEF

Medical Social Services Project is working under Department of Social Welfare, and Bait-ul-Maal, Punjab. Medical Services Project was start working in July 2008 but Project was established in July 2015. Miss Asia Faqeer Hussain Medical Social Officer performs her duties.

Faisalabad is the 2nd largest city the Punjab. The Division Faisalabad has a population of about 6.4 million, Faisalabad District comprises of urban and rural areas where most of the population consists of low paid laborers of the Agriculturist/ small farmers having meager sources of income. Central Zakat Department, Islamabad has already allocated Zakat found to Teaching Hospitals for purchase of medicines and other costly surgical disposable throughout Pakistan.

This newly established Project keeping view its status of 202 bedded specialized Institute , where facilities like Angiography/ angioplasty and open Heart Surgery etc, are judiciously utilized only on the treatment of very poor/ needy patients after completing all formalities as prescribed by the Zakat Department, Punjab. In this regard a HWC has been constituted at Faisalabad Institute of Cardiology, Faisalabad.

1.4 SERVICES PROVIDED BY MSSP

FAISALABAD INSTITUTE OF CARDIOLOGY, FAISALABAD.

1. Prepare case history of cardiac patients having financial, psychological and social problems in accordance with case work techniques. Plan and organize social services keeping in view individual needs and help them for their social rehabilitation.
2. Medical social Services Project help out the poor, deserving non affording patients suffering from acute & cardiac diseases by providing them free medicines, Permanent Pace Maker (PPM) PTMC Balloon, Arotic Conduit Arotic Valves, Anoplaty Rings PTCA Balloon & Operation items etc.
3. Cardiac Patients are facilitated for surgeries through Health Welfare Committee (Zakat)
4. Project also provides Echocardiography Machine for Poor Patients.
5. Trop –I Test and other Lab test is free for deserving patients from Medical Social Officer
6. Medical Social Officer makes possible the arrangement for the celebration of different National and Religious occasion and distribute Gifts for Poor, destitute patients on Eid Days and other occasions.
7. MSSP provide Electrical Bad for Emergency ward, wheel chairs seating chairs dead body covered sheets, for Emergency Ward for poor crippled children.

8. Visit wards with hospital staff and after indicating deserving patients provide them assistance according to their individual needs.
9. Co-ordination with hospital administration and voluntary social welfare agencies for initiating social welfare services.

   Apart from all above activities, Moral and Psychological counseling of distressed patients is don from the platform of Medical Social Officer.

1.5 Mission Statement

To help out the poor, deserving and non affording patients suffering from Cardiac diseases by providing them free medicines, operation items and all other welfare services.

MEDICAL SOCIAL SERVICES PROJECT
FAISALABAD INSTITUTE OF CARDIOLOGY, FAISALABAD

2. Provision of Free Treatment through Different Channels. Medical Social Services Project is providing treatment

The MSSP Project provide free assistance for the poor /deserving patients there are four channels as under

1. Zakat Found (Health Welfare Committee)
2. Heart Savers Foundation (Regd) Fund
3. Pakistan Bait-ul-Maal Fund
4. Different philanthropist

2.1 Health Welfare Committee(Zakat Fund)

The Health Welfare Committee consists of MS/Convener, Medical Social Officer/Secretary, District Zakat Officer/Nominee of Zakat Department and a Senor Doctor.

Faisalabad Institute of Cardiology Faisalabad receives amount of Rs.6000000/- annually from Central Zakat Fund. These funds are not all sufficient to cater the needs of huge number of Patients as hospital facilitates patients from all over Punjab so enhancement of Zakat fund is very essential to provide free services to

maximum number of Patients. The Zakat funds are utilized in the provision of free medicines to only non-affording Muslim Patients

2.2 PAKISTAN BAIT-UL-MAAL

The funds which are available from Punjab Bait-ul-Maal are utilized in the treatment of Cardiac Diseases such as.

Angiography
Angioplasty
PTMC
PPM
CABG
DVR
AVR
PDA
ASD Closure

Individual grant is received from Punjab Bait-ul-Maal for each patients whose application is accepted by PBM. The funds received from Punjab Bait-ul-Maal are also utilized for both Muslims and Non-Muslims

2.3 HEART SAVERS FOUNDATION

Heart Savers Foundation was established in 2009. It is Non-government Organization (NGO) registered with Social Welfare Department & Bait-ul-Maal is managed according to its constitution department Punjab. It works for help of poor patients in solution of their psychological, social and economic problems.

Heart Savers Foundation, Faisalabad Institute of Cardiology is committed to providing care and free treatment mainly to the under privileged and poor. Almost 70% of all Cardiac Patients attending hospital are treated free. The Hospital is able to meet only 30-40% of its expenses from its own

sources while the remaining expenses are met through Zakat Donations and support from philanthropists.

AIMS & OBJECTIVES:

- To provide relief to the suffering humanity through proper medical treatment irrespective of their ability to pay for it. to develop individual doctors as experts and specialists, particularly in the area of the treatment of diseases.
- To help the poor and destitute Heart Patients in procurement of medicine and other allied facilities.
- Provision of necessary facilities to the relative of indoor Patients, during their stay in Hospital.
- To help the hospital management in maximize their efforts to serve the Heart Patients

  Heart Severs Foundation services to the Hospital Patients are commendable and do deserve appreciation in their performance. Hospital management prays for their more success in helping the Heart Patients

  - Provision of free medicines and operation items
  - Free Trop-I Test kits for poor/Deserving Patients in Emergency Ward.
  - Providing Wheel Chairs, Electrical Beds for Emergency Ward Stretcher, seating chairs for attendant, etc.
  - Providing “Echocardiography Machine for Poor Patients free “Echo” Test.
  - Providing Electric Water Dispenser & water supply for the hospital Emergency Ward and CCU Wards
  - Providing free Injection Insuline70/30 poor Patients
  - Providing free Tab- Bosmon 62.5 for poor Peds Patients
  - Celebration of Religious and National Days.

- Providing Diagnostic Catheter for Angiograph ward for poor patients.
- Providing PTCA Balloon for poor Angioplasty Patients
- Providing Coils for ASD Closure for peds in FIC Hospital
- The Funds of HEART SAVERS FOUNDATION are utilized for both Muslim and Non-Muslim patients who are deserving

2.4 Different Philanthropist

Philanthropist supported by its well wishers who believe in the values of life will continue to provide financial sported treatment to the poor Cardiac Patients. Your Zakat and Donation helps the save the precious lives .People who loved with humanity always keep in attached with Medical Social Services Project, who are working for the Welfare of Poor & deserving patients. Their services include:

Free expensive Injection for the Patients suffering from a disease of Heart Attack in Emergency.

Provision of free wheel chairs for Patients

Provision of different items like Dead body covered sheets, blankets

Provision of chairs, Electric Water Dispenser in the hospital

Help to renovate different wards

3. ACTIVITIES OF THE MSSP PROJECT

3.1 Month of July 2017Activities

MSSP Project have arrange these medicines

i Guide Catheter

A Catheter is hollow flexible tube that can be inserted into body

A catheter that makes it easier to enter that vessel with other devices or instruments

Guide catheters are used to facilitatethe placement of lasers, stents, and balloons for angioplasty.

ii. PTMC Balloon

Percutaneous Trans Mitral Commissurotomies (PTMC)

Both are the same. Percutaneous Trans-Mitral Commissurotomy, is a procedure done for a cardiac pathology called MITRAL STENOSIS. Mitral stenosis is a pathology of one of the valves in the heart called the Mitral valve, where-by it undergoes progressive thickening resulting from child hood throat infection by a bacteria called Beta Hemolytic Streptococci. This thickening of the valve results in progressive obstruction to blood flow across the valve thereby causing back pressure to build inside the chambers behind the valve thereby resulting in breathing difficulty, abnormal heart beats and even clot formation leading to stroke or paralysis.

The treatment for this condition may be open heart surgery and replacement of the valve with a metal valve or tissue valve or without open heart surgery by means of a balloon passed into the heart and across the valve via the leg usually, by means of a small tube inserted under mere local anaesthesia, with the patient being discharged usually with-in 2 days following the procedure called Percutaneous Trans-Mitral Commissurotomy or PTMC. However, the general principle is to delay surgical valve replacement as much as possible as surgical replacement necessitates the patient to take life-long blood thinners or oral anti-coagulants which puts the patient at risk of bleeding and complicating any other surgical procedures he may need in his life time and the risk of life threatening bleeding in case of any trauma or accidents. Also there is the risk of the valve getting blocked suddenly if the medications are not taken on time or missed.

iii. INJECTIION ADRENLINE 0.1ML

Epinephrine is a chemical that narrows blood vessels and opens airways in the lungs. These effects can reverse severe low blood pressure, wheezing, severe skin itching, hives, and other symptoms of an allergic reaction.

Adrenalin is used to treat severe allergic reactions (anaphylaxis) to insect stings or bites, foods, drugs, and other allergens. Epinephrine is also used to treat exercise-induced anaphylaxis.



Ch. Muhammad Ashraf Deputy Director social welfare Faisalabad Ch. Muhammad Islam President HSF Miss Asia Faqeer Hussain Medical Social Officer FIC,M. Kashif Farooq General Secretary HSF Miss Aasma Muzammial, Dr, Shafiq handed over the donation item Dr. Rai.Zulfiqar Medical supridentant FIC Hospital Dr. Sajjad DMC FIC



فیصل آباد: ہارٹ سیورز فاؤنڈیشن کی جانب سے F.I.C میں ڈپٹی ڈائریکٹر سوشل ویلفیئر چوہدری اشرف 8,10,000 روپے مالیت کی میڈیسن، سامان M.S ڈاکٹر رائے ذولفقار کو عطیہ کر رہے ہیں، اس موقع پر میڈیکل سوشل ویلفیئر آفیسر میڈم آسیہ فقیر حسین، صدر چوہدری عبدالسلام، جنرل سیکرٹری محمد کاشف فاروق، مس عاصمہ مزمل و دیگر موجود ہیں۔



فیصل آباد F.I.C میں ہارٹ سیورز فاؤنڈیشن کی جانب سے منعقدہ تقریب سے M.S ڈاکٹر رائے ذولفقار، ڈپٹی ڈائریکٹر سوشل ویلفیئر چوہدری اشرف، میڈیکل سوشل آفیسر میڈم آسیہ فقیر حسین، صدر چوہدری عبدالسلام اور جنرل سیکرٹری محمد کاشف فاروق خطاب کر رہے ہیں۔

The Details of Donation Medicines items and Beneficiary

Sr. #	Name of Items/Medicines	Quantity	Values	No. of Beneficiaries
1.	Guide Catheter	75		75
2.	Inj. Adrenaline 01% ml	12000 no's		12000
3.	Inj. Pentathlon Sodium	200 no's	50200.00/-	200
4.	PTMC Balloon	01	160000.00	1
5.	Dead Body Expiry Sheets for Emergency Ward	1000	100000.00/-	1000
Total				

iv. Dengue Awareness Activities

MSSP Project and Heart Savers Foundation Faisalabad institute of Cardiology Faisalabad arrange awareness activates

There is no vaccine available against dengue, and there are no specific medications to treat a dengue infection. This makes prevention the most important step, and prevention means avoiding mosquito bites The best way to reduce mosquitoes is to eliminate the places where the mosquito lays her eggs, like artificial containers that hold water in and around the home. Outdoors, clean water containers like pet and animal watering containers, flower planter dishes or cover water storage barrels. Look for standing water indoors such as in vases with fresh flowers and clean at least once a week.

The adult mosquitoes like to bite inside as well as around homes, during the day and at night when the lights are on. To protect yourself, use repellent on your skin while indoors or out. When possible, wear long sleeves and pants for additional protection. Also, make sure window and door screens are secure and without holes. If available, use air-conditioning.

If someone in your house is ill with dengue, take extra precautions to prevent mosquitoes from biting the patient and going on to bite others in the household. Sleep under a mosquito bed net, eliminate mosquitoes you find indoors and wear repellent



Dr. Tanveer DSM FIC, Miss Asia Faqeer Hussain MSO FIC, M. Kashif Farooq General Secretary distribute pmfulit at FIC hospital Faisalabad.







فیصل آباد: میڈیکل سوشل سروسز پروجیکٹ اینڈ ہارٹ سیورز فاؤنڈیشن جنرل سیکرٹری میاں کاشف فاروق، میڈیکل سوشل آفیسر میڈم آسیہ فقیر حسین، D.M.S او۔ پی۔ڈی ڈاکٹر تنویر احمد F.I.C میں ڈینگی بخار سے بچاؤ کیلئے مریضوں اور انکے لواحقین میں پمفلٹ تقسیم کر رہے ہیں۔

3.2 Month of August 2017Activities

i. Donation s

Medical social services Project with the collaboration of Heart Savers Foundation Faisalabad Institute of Cardiology, Faisalabad have celebrated 70th INDEPENDENCE DAY 2017 at FIC Hospital Faisalabad. Mr. Hajji Illyas Ansari Parliamentary Secretary Social Welfare & bait-ul-Maal was the chief guest of this programme. The other guest was director social welfare Faisalabad Mr. Shaid Rana, the deputy director social welfare Muhammad Ashraf, Medical Social Officer Miss Asia Faqeer Hussain, Ch. Muhammad Islam, M. Kashif Farooq General Secretary HSF, Miss Aasma Muzammial, Dr. Sarfraz Anwer, Dr. Zahid Amin ,Ali Sher Mriza all Exective Member of Heart Savers Foundation, Dr. Tanveer. Col,Tariq, Dr. Ali sufyan and other were present.

They gave the freedom to pigeons on the day of 70th Independence Day and cut a cake on this event.

HSF distributed fruits to all patients in CCU-I, CCU-2, Emergency ward Patients FIC Hospital. Patients felt pleasure to celebrate the Independence Day with the honorable guest and hospital administration.



فیصل آباد:70ویں یوم آزادی کے موقع پر F.I.C میں MPA حاجی محمد الیاس انصاری،محمد شاہد رانا،چوہدری محمد اشرف، میڈم آسیہ فقیر حسین،محمد کاشف فاروق،مس عاصمہ مزمل،علی شیر مرزا و دیگر کبوتر آزاد کر رہے ہیں۔



فیصل آباد:70ویں یوم آزادی کے موقع پر F.I.C میں MPA حاجی الیاس انصاری، ڈائریکٹر سوشل ویلفیئر محمد شاہد رانا، ڈپٹی ڈائریکٹر چوہدری محمد اشرف، میڈیکل سوشل آفیسر میڈم آسیہ فقیر حسین، جنرل سیکرٹری ہارٹ سیورز فاؤنڈیشن میاں محمد کاشف فاروق، مس عاصمہ مزمل، علی شیر مرزا کا گروپ فوٹو۔

Sr No	Activities	Beneficiary	Value
01	Fruits/Gift distribution	275	100000.00/-



فیصل آباد: F.I.C میں حاجی محمد الیاس انصاری، محمد شاہد رانا، چوہدری محمد اشرف، میڈم آسیہ فقیر حسین، محمد کاشف فاروق، چوہدری عبدالسلام، ملک سبحان علی 70 ویں جشن آزادی کا کیک کاٹ رہے ہیں۔



فیصل آباد: یوم آزادی کے موقع پر میڈیکل سوشل سروسز پراجیکٹ ہارٹ سیورز فاؤنڈیشن کی جانب سے F.I.C میں فروٹ گفٹس M.P.A حاجی الیاس انصاری، محمد شاہد رانا، محمد اشرف، میڈم آسیہ فقیر حسین، محمد کاشف فاروق، ملک سبحان علی و دیگر تقسیم کر رہے ہیں۔



فیصل آباد: میڈیکل سوشل سروسز پراجیکٹ ہارٹ سیورز فاؤنڈیشن کی جانب سے یوم آزادی کے موقع پر F.I.C میں منعقدہ تقریب سے M.P.A حاجی محمد الیاس انصاری، ڈائریکٹر سوشل ویلفیئر محمد شاہد رانا، ڈپٹی ڈائریکٹر چوہدری محمد اشرف، میڈیکل سوشل آفیسر میڈم آسیہ فقیر حسین، محمد کاشف فاروق، چوہدری عبدالسلام، مس عاصمہ مزمل خطاب کر رہے ہیں۔



ii. Donation Medicines

MSSP Project with the coloration of Heart Savers Foundation have arrange medicines on donation basis for poor /deserving cardiac patients.
Guide Catheter (35) , Teb Bossmon62.5mg Inj, Insuline70/30, Expiry Sheets, water dispenser
The Chief guest of this event was Mr. Shahid Rana Directory social welfare & Bait-ul-Maal Faisalabad the other guest were Ch.Muhammad Ashriaf deputy directory social welfare & bait-ul-Maal Faisalabad Miss Asia Faqeer Hussain Medical Social officer , Ch. Muhammad Islam President HSF M.kashif Farooq General Secretary Miss Aama Muzammialheart Savers Foundation Faisalabad Institute of cardiology Faisalabad



Miss Asia Faqeer Hussain & m. Kashif Farooq welcome the Director. Shahid Ran & Deputy Directory Ch.M. Ashrif Social Welfare & bait-ul-maal FSD visit at MSSP Project FIC FSD.



فیصل آباد: F.I.C میں مخیّر حضرات کے تعاون سے ڈائریکٹر سوشل ویلفیئر محمد شاہد رانا، ڈپٹی ڈائریکٹر سوشل ویلفیئر اینڈ بیت المال چوہدری محمد اشرف، میڈیکل سوشل آفیسر مس آسیہ فقیر حسین، صدر ہارٹ سیورز فاؤنڈیشن چوہدری محمد اسلام، جنرل سیکرٹری محمد کاشف فاروق، DMS ڈاکٹر محمد ندیم مریضوں میں میڈیسن تقسیم کر رہے ہیں۔



فیصل آباد: F.I.C میں مخیّر حضرات کے تعاون سے ڈائریکٹر سوشل ویلفیئر محمد شاہد رانا، ڈپٹی ڈائریکٹر سوشل ویلفیئر اینڈ بیت المال چوہدری محمد اشرف، میڈیکل سوشل آفیسر مس آسیہ فقیر حسین، صدر ہارٹ سیورز فاؤنڈیشن چوہدری محمد اسلام، جنرل سیکرٹری محمد کاشف فاروق، DMS ڈاکٹر محمد ندیم وارڈ میں واٹر ڈسپنسر بمعہ واٹر کین دے رہے ہیں۔

The details of medicines as under:

Sr. #	Name of Items/Medicines	Quantity	Values	No. of Beneficiaries
1.	Guide Catheter	35	210000.00	35
2.	Inj. Insuline70/30	50	27500.00	50
3.	Tab Boosmon	214	27820.00	14
4.	Dead Body Expiry Sheets for Emergency Ward	1000	100000.00/-	1000
5.				



The details of others activities of MSO for the month of August2017.

Sr No	Name of Activities	No.of Beneficiariess
1	No of Case history Prepared by MSO	43
2	No. of Application completed Angiography	370
3	Angioplasty	76
4	Permanent Pace Makers	21

3.3 Month of September 2017.

MSSP have arranged polio walk with the collaboration of Heart Savers foundation Project Faisalabad Institute of Cardiology Faisalabad. The Medical Social Officer miss Asia Faqeer Hussain was led this walk and other participant of this walk were the M.Kashif Farooq .Dr Imran Ahmad, Dr Tanver DMS FIC Faisalabad Miss Aasma Muzammial. It would be of considerable assistance in trying to overcome on this disease. Medical Social officer Miss Asia Faqeer Hussain distribute polio awareness pamphlet to patients and attendance.

﴿موسم گرما میں لو سے بچاؤ کی تدابیر وعلاج﴾

موسم گرما کے آغاز سے بھی حرارت کے بڑھ جانے سے انسان ہی نہیں بلکہ ہر جاندار پر اس کے اثرات مرتب ہونا شروع ہوجاتے ہیں۔گرم موسم کی شدت سے پسینہ خارج ہونے کی مقدار بڑھ جاتی ہے،جسکی وجہ سے نمکیات ضائع ہونے لگتے ہیں۔گرمی کی شدت سے لو کے لگنے کے خدشات بڑھ جاتے ہیں،جو ایک مہلک بیماری ہے۔

علامات

سردرد،سر کا چکرانا،اور تھکاوٹ کے بعد شدید بخار ہوجاتا ہے،مریض نہایت ہی کمزوری محسوس کرتا ہے جس سے مریض کی جسمانی صحت اور احساسات میں تبدیلی آجاتی ہے،جلد گرم،خشک اور سرخ ہوجاتی ہے،جو لو لگنے کی واضح مثال ہے۔

جب کسی کو لو لگتی ہے تو اسکا دوران خون تیز ہوجاتا ہے،بار بار پیشاب آتا ہے،مریض بے ہوش ہوجاتا ہے،سانس میں تنگی ہونے کے باعث خراٹے جیسی آواز آتی ہے،دل کی دھڑکن بڑھ جاتی ہے،کبھی کبھی دل ڈوبتا ہوا محسوس ہوتا ہے،اعصاب میں کھچاؤ اور تناؤ کا احساس ہوتا ہے،حرارت بڑھ جانے کی وجہ سے مریض بار بار پانی پینا چاہتا ہے،پورا منہ خشک ہوجاتا ہے،جسم میں پانی کی کمی کی وجہ سے آنتوں میں بھی پانی کی کمی ہوجاتی ہے،جس سے چھوٹی آنت میں خراش اور معدہ میں تیزابیت پیدا ہوتی ہے،جو قے کا سبب بنتی ہے۔

www.urdumania.com



فیصل آباد:سوشل سروسز پراجیکٹ F.I.C اور ہارٹ سیورز فاؤنڈیشن کے اشتراک سے پولیو آگاہی مہم کے سلسلے میں میڈیکل سوشل ویلفیئر آفیسر میڈم آسیہ فقیر حسین، چلڈرن سپشلسٹ ڈاکٹر عمران احمد خان،جنرل سیکرٹری میاں کاشف فاروق ودیگر واک کررہے ہیں۔



فیصل آباد: سوشل سروسز پراجیکٹ F.I.C اور ہارٹ سیورز فاؤنڈیشن کے اشتراک سے پولیو آگاہی مہم کے سلسلے میں میڈیکل سوشل ویلفیئر آفیسر میڈم آسیہ فقیر حسین، چلڈرن سپشلسٹ ڈاکٹر عمران احمد خان، جنرل سیکرٹری میاں کاشف فاروق و دیگر پمفلٹ تقسیم کر رہے ہیں۔



3.4 Month of October 2017

i. World Heart Day Celebrated at FIC.

Medical Social Services project Faisalabad institute of cardiology celebrated WHD with the collaboration of Heart Savers Foundation .World Heart day is celebrated every year worldwide the purpose of which is to provide awareness among general population regarding heart diseases and it's prevention by avoiding major risk factors like diabetes, smoking, hypertension, Lipids and obesity.

This year theme was “SHARE THE POWER"

MSO organized the following events.

1. Media briefing

2. Walk regarding WHD

3. Free medical stalls for general population awareness and check up. This event was appreciated by social groups.

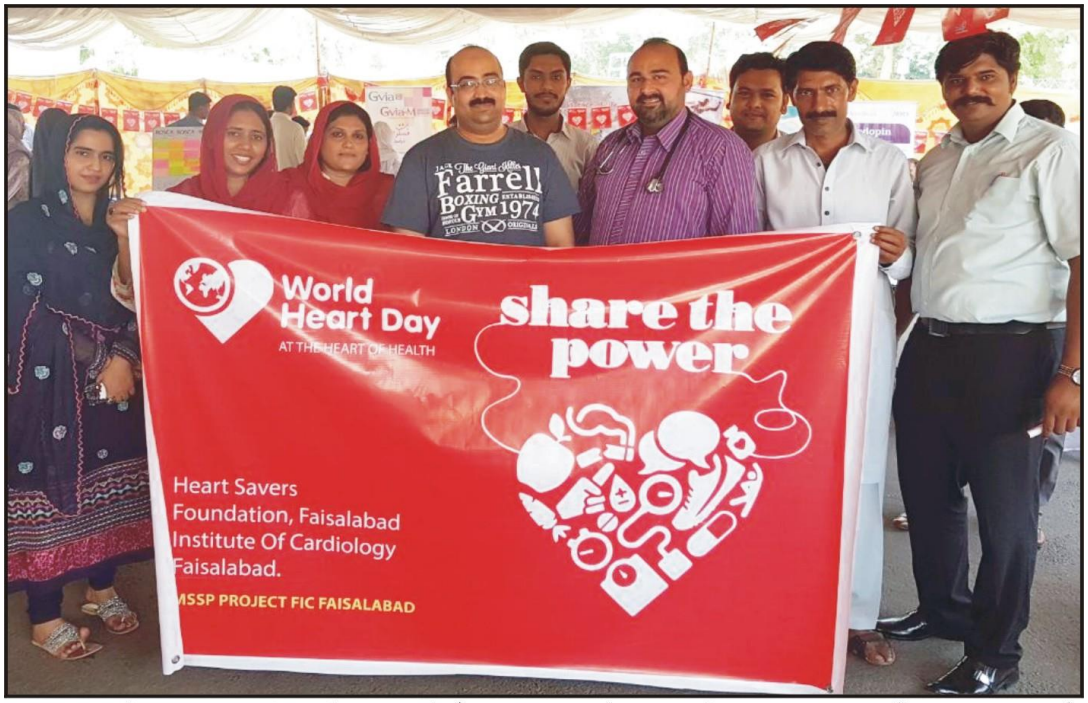
4. Distribute heart healthy diet phmfilet

Following are the few glimpses of WHD.



Medical Social Officer Miss Asia Faqeer hussain provided awareness among general population





فیصل آباد: ورلڈ ہارٹ ڈے کے موقع پر F.I.C میں ہارٹ سیورز فاؤنڈیشن کی جانب سے جنرل سیکرٹری میاں کاشف فاروق سوشل ویلفیئر آفیسر میڈم آسیہ فقیر حسین، ڈاکٹر سفیان، مس عاصمہ مزمل و دیگر واک کر رہے ہیں۔



Medical Social Officer miss Asia Faqeer hussain Visit the stall on world Heart Day

ii. INFRASTRCHER IMPROVED:

MSSP Project have arrange donation items with the collaboration of Heart Savers Foundation.

Seating sofa for CCU-1 & CCU- 2 Ward wheel chairs starchier water dispenser. Medical Social Officer miss Asia Faqeer Hussain arrange these items on donation basis hand over these items to Head of Cardiology Prof.Dr. Liaqat Ali Ch. Muhammad Islam, M. Kashif Farooq General Sectarary Heart Savers Foundation Miss Aasma Muzammil and other.

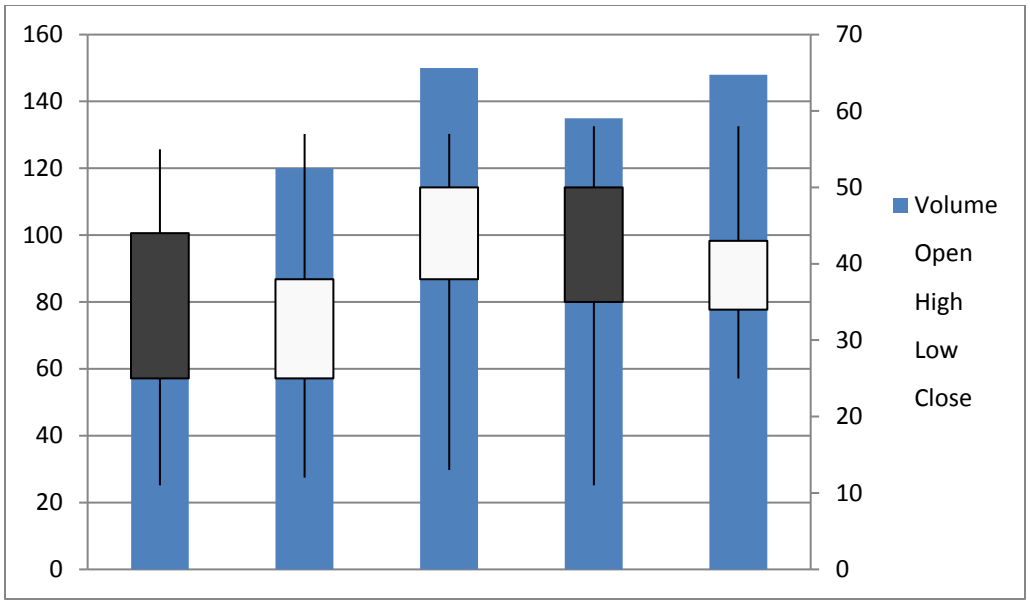
Sr. No.	Donation Items	Qty	Values
1	Seating Sofa for patients	25	62500.00/-
2	Wheel Chairs for Emergency Ward	5	35000.00/-
3	Stretcher for Emergency Ward	6	90000.00/-
4	Water Dispenser for ICU Ward 1 & 2	2	21000.00/-
Total			**208500.00/-**



Prof. Dr. Liaqat Ali medical Social officer miss Asia Faqeer Hussain Ch. Muhammad Islam, m. Kashif Farooq Miss Aasma .



فیصل آباد:MSSP پراجیکٹ اور ہارٹ سیورز فاؤنڈیشن کی جانب سے مخیر حضرات کے تعاون سے صوفہ سیٹ، سٹریچر، ویل چیئر اور ڈسپنسر چوہدری محمد اسلام، میاں کاشف فاروق، میڈم آسیہ فقیر حسین، مس عاصمہ عزیز، (F.I.C(MSO ڈاکٹر لیاقت کو عطیہ کر رہے ہیں۔


160
140
120
100
80
60
40
20
0
70
60
50
40
30
20
10
0
Volume
Open
High
Low
Close





iii. Dengue Seminar at Prime Foundation School.

MSSP FIC FSD - On the special instruction of Chief Minister Mian Shahbaz Sharif, MSSP Project FIC Hospital (Faisalabad) launched an awareness programme against dengue fever. Under this programme, medical social officer Miss Asia Faqeer Hussain organised a seminar on dengue fever in Prime Foundation School Peoples Colony FSD. MSO miss Asia Faqeer Hussain told the student that dengue fever was a tropical disease caused by mosquitoes that breed in stagnant water. She said the decease was thriving because of poor hygiene, an absence of control measures and the heavy monsoon rainfall. M. kashif Farooq said dengue fever could be asymptomatic, but commonly caused a severe flu-like illness and it could also result in bleeding and shock, a potentially lethal complication called dengue hemorrhagic fever. which was a leading cause of serious childhood illness and fatality in some Asian countries. Miss Aasma said at present, the only way of preventing and controlling dengue virus transmission is to combat the vector mosquitoes. About 250 students with 12 Teacher attended the programme.



فیصل آباد: ڈی سی سلمان غنی کی ہدایت پر ڈینگی مچھر سے بچاؤ کیلئے میڈیکل سوشل سروسز پراجیکٹ ہارسیورز فاؤنڈیشن کے اشتراک سے پرائم فاؤنڈیشن سکول میں میڈم آسیہ فقیر حسین خطاب کر رہی ہیں جبکہ سٹیج پر جنرل سیکرٹری کاشف فاروق اور مس عاصمہ مزمل بیٹھی ہیں۔




24.10.2017 12:17


24.10.2017 12:21



فیصل آباد: ڈی سی سلمان غنی کی ہدایت پر ڈینگی مچھر سے بچاؤ کیلئے میڈیکل سوشل سروسز پراجیکٹ اینڈ ہارٹ سیورز فاؤنڈیشن کے اشتراک سے پرائم فاؤنڈیشن سکول میں منعقدہ تقریب جنرل سیکرٹری کاشف فاروق، سوشل ویلفیئر آفیسر میڈم آسیہ فقیر حسین اور مس عاصمہ مزمل خطاب کر رہی ہیں۔

3.5. Donating Medicines

AGGRASTAT®
(tirofiban hydrochloride) Injection, Solution

AGGRASTAT contains tirofiban hydrochloride, a non-peptide antagonist of the platelet GP IIb/IIIa receptor, which inhibits platelet aggregation.

Tirofiban hydrochloride monohydrate is chemically described as N(butylsulfonyl)-O-[4-(4-piperidinyl)butyl]-L-tyrosine monohydrochloride monohydrate.

Tirofiban keeps the platelets in your blood from coagulating (clotting) to prevent unwanted blood clots that can occur with certain heart or blood vessel conditions.

Tirofiban is used to prevent blood clots or heart attack in people with severe chest pain or other conditions, and in those who are undergoing a procedure called angioplasty (to open blocked arteries).

Tirofiban may also be used for purposes other than those listed in this medication guide.

MSSP Project FIC Hospital arrange medicines on donation basis's with the collaboration of Heart Savers Foundation for disserving cardiac patients in Angiography ward for Angioplasty Medical Social Services Project & Heart Savers Foundation have arrange ceremony for ceremony for donation medicines for poor/deserving Cardiac Patients.

The details of donation items.

Sr No	Name of Items	Qty	Value	Beneficiary
01	Inj. Aggrastat(Tirofiban Hydrochloride)	30	482820.00/-	70

MSO Miss Asia Faqeer Hussan welcomes all the guest. The Chief Guest of this function. The chief guest of this function was Mr. Ch. Muhammad Ashrif Deputy Director social welfare & Bait-ul-Maal Faisalabad and other guests were mr. Dr Rai. Zulifiqar M.S FIC Hospital Faisalabad, Ch. Muhammad Islam President , M. Kashif Farooq General Secretary HSF, miss Aasma Muzammial and other



M. Ashrif DDSW /FSD Miss Asia Faqeer Hussain MSO FIC Ch. M. Islam M. Kashif Farooq Handed over the medicines to Dr.Rai Zulifqar M.S FIC Faisalabad.





فیصل آباد: F.I.C میں ہارٹ سیورز فاؤنڈیشن اور مخیّر حضرات کے تعاون سے 5 لاکھ روپے مالیت کے اگریسٹڈ انجکشن چوہدری اسلام، کاشف فاروق، آسیہ فقیر حسین، عاصمہ مزمل، M.S ڈاکٹر رائے ذوالفقار کو عطیہ کرنے کی تقریب میں کھڑے ہیں۔

4 December Activities

4.1 CELEBRATED EID MALAD-UL-NABI (S.A.W)

Heart Savers Foundation & MSSP Project FIC FSD Celebrated **Eid Milad un Nabi**

Distributed Frouts & gift to Emergency/ CCU Cardiology ward & all Hospital Patients

Ch. M Ashrif Deputy Director social Welfare FSD was the Chief Guest of this event & the other guest were DMS FIC Dr. Arif Baloch. MSO FIC Miss Asia Faqeer Hussain, Ch. M Islam, M. Kashif Farooq, Dr. Zahid Amin, Miss Aasma Muzammial, Dr Shahjhan, and other .

O ALLAH (the God of the worlds), we your people plead YOU to confer us the daring to celebrate Jashan e Eid Milad un Nabi in a way which leads us to right path, which contains your consent and acceptance.

Ameen!

This is the day when all humanity got freed from the stone idols. And we all got the path to right God 'ALLAH'. Just think, if prophet Muhammad (peace be upon him) were not to come to us, we were still groping in the dark and gloom.

, the day of today, ALLAH SWT laid the basis for our forgiveness and bestowed us with the 'Perfect Mentor', who led us to the right path.

O Muslims! Celebrate today the happiness of Prophet's birthday. The day Muhammad (peace be upon him) came to this world. Celebrate but not with fireworks and lavishness. Do not waste money but populate Masjids, offer nafil prayers, saying duroods, help the poors, feed the beggars and helpless because this is the true teaching of Muhammad (peace be upon him) the Arabic Prophet.




30.11.2017

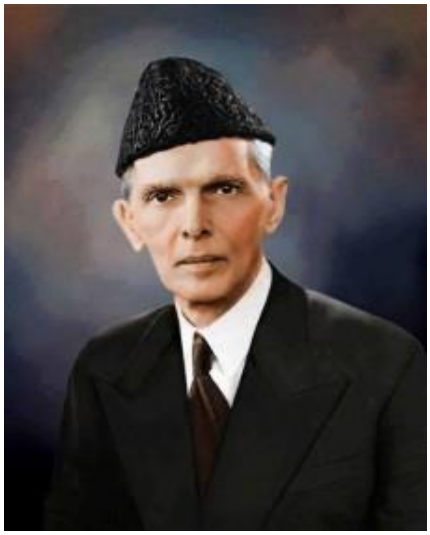






فیصل آباد: جشن عید میلاد النبی ﷺ کے حوالے سے ایف آئی سی میں ہارٹ سیورز فاؤنڈیشن اور میڈیکل سوشل سروسز پراجیکٹ کی جانب سے مریضوں میں فروٹ گفٹس ڈپٹی ڈائریکٹر سوشل ویلفیئر چوہدری محمد اشرف، صدر چوہدری محمد اسلام، محمد کاشف فاروق، (MSO) مس آسیہ فقیر حسین، D.M.S ڈاکٹر عارف بلوچ، ڈاکٹر شاہ جہاں، مس عاصمہ مزمل و دیگر تقسیم کر رہے ہیں۔

4.2



QUAID-E-AZAM DAY CELEBRATING IN MSSP PROJECT FIC HOSPITAL.

MSSP PROJECT FAISALABAD INSTITUTE OF CARDIOLOGY CELEBRETEDING QUIDE DAY WITH THE COLLOBORATION OF HEART SAVERS FOUNDATION.

The 25th of December is a memorable day in chronicles of history. It is the birthday of the Quaid-e-Azam; the founding father of Pakistan and a great statesman. The nation will celebrate the birthday of "Baba-e-Qaum" in a befitting manner. Rich tributes will be paid to the great leader for liberating the Muslims from the dominance of the Hindus and the subjugation of the British. The entire nation is indebted to the Quaid who fought against the stubborn British and the cunning 'Banya' and inflicted a crushing defeat upon them. We must remember that it is because of him that we are in a free independent and sovereign country.

We must remember that it is because of him that we are proud and respectable inhabitants of an independent country. The best way to show our gratitude to the great leader is to follow his principles of unity, faith and discipline and work for the progress of our country. On this historic day we should make new resolutions and fresh promises to work earnestly and conscientiously for the integrity, prosperity and solidarity of our country. If we follow his footsteps, there is no reason why Pakistan should not be able to attain the stature which our beloved Quaid had visualized.



MS. Dr. Rai Zulifqar , Ch. Muhammad Islam MSO Miss Asia Faqeer Hussain & M. Kashif Farooq.




قائد کا پاکستان
FAITH-UNITY-DISCIPLINE
s Foundation


CCU 1،2
قائد کا پاکستان
FAITH-UNITY-DISCIPLINE
Heart Savers Foundation
Faisalabad Institute of Cardiology Room # 100



MSO Miss Asia Faqeer Hussain Prepared Patients Case history



MSO Miss Asia Conduct a HSF meeting



Medical Social Officer Miss Asia Faqeer Hussain completed the Patients category change perfoma.



A group Photo with divisional director social welfare & bait-ulmaal FSD with deputy directory. MSO Miss asia Faqeer Hussain, Ch. Islam,M.Kashif, miss Aasma, Mr.Rana Tuqeer Hussain.